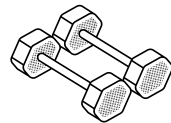
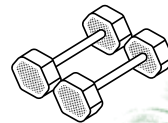


Ripped Like Rudolph



Boot Camp



Instructors
Vi & Anne Marie

Get ready to sleigh your workout before Santa hits the skies! Join us for a high energy Christmas Eve sweat session that'll light up your fitness goals like Rudolph's nose. This boot camp blends strength, cardio, and a dash of holiday cheer to keep you burning through the rest of the year! We will crank up the carols, crush some circuits, and finish **Ripped Like Rudolph!**

Wednesday, Dec 24th

9:00am-10:00am

Members \$5

Non-Members \$8

Limited Spots Available

Register: 610-332-1900