## Bethlehem Township Community Center

## TAE KWON DO

Program will follow traditional Tae Kwon Do classes including knowledge of art and etiquette of the Dojang. Our focuses will include strength and core training, proper hand and foot techniques and form. Developing respect and self-confidence is a priority. Testing for all belts is required and will follow set guidelines. This will include knowledge of form for color belt desired, school grades along with teacher and parent approval. Maximum 12 students.

Instructor: John Romero (3rd Dan)

Winter Session: February 4th- February 28th

Thursdays, 5:15pm-5:45pm 4-6 years old Thursdays, 6:00pm-6:45pm 7-16 years old

Fee:

\$20 Member per session \$30 Non Member per session

Please find all COVID-19 guidelines attached.

